

# MICROTIME

The Georgia Society for Histotechnology

Winter 2019

#### **GSH Members!**

It's time to renew your GSH Membership. The membership form has been updated for 2019 so please use the form found in this Microtime for your renewal, not the form on the Histosearch site.

GSH is holding a **membership drive** for 2019 and will be giving away **\$25 Visa gift cards** as part of the drive! Information on the drive and eligibility requirements are on the new form.

Also, please note the new email address for GSH membership. It is **gshmembership2019@gmail.com**Please email if you have any questions regarding the membership drivee, problems with sending in your membership form, etc.

#### SAVE THE DATE /MAKE YOUR RESERVATION

2019 GSH Histopalooza Symposium

May 3-5, 2019

Hotel Tybee 1412 Butler Ave Tybee Island, GA

www.hoteltybee.com

See flyers on Pages 5-7

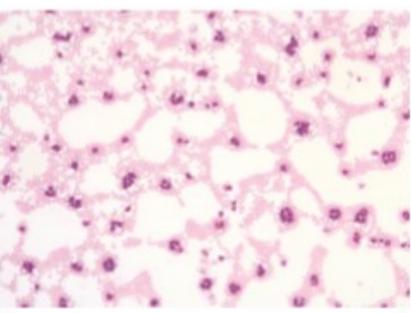
HISTOTECHNOLOGY
PROFESSIONALS DAY

Every March 10th we honor the unsung heroes, saving lives one slide at a time.



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### Letter from the President



#### Dear Members,

Now that the weather is improving and spring is around the corner, I hope everyone can start looking forward to **HISTOPALOOZA 2019** that will be held this year at Tybee Island. Mark your calendars with the date: **May 3-5, 2019.** What a wonderful way to gain knowledge, CEU's and meet other histotechs that deal with some of the same issues in histology as you. We will have an awesome view of the beach and easy access for walks on the beach. Also, I am told that there are excellent places to eat close to Tybee Hotel.

Registration forms are included in this edition of Microtime and will also be available on our Facebook page. Please register early and make sure you reserve your rooms at Tybee Hotel with the promo code: histopalooza2019.

Take a look at our excellent line up of workshops in the program outline included in this edition. We have tried to cater to different interests and levels of knowledge to make this symposium a great event. The event will have participation by many vendors that can help answer questions about equipment, new products and supplies.

Look forward to seeing and meeting everyone at Histopalooza!!

Ely Klar, MS, HTL(ASCP)

# Education

#### IMPORTANT INFORMATION REGARDING EXPIRED OR LAPSED U.S. CERTIFICATION

Were you certified on or after January 1, 2004? Have you maintained your certification by completing the Credential Maintenance Program (CMP)? If not, we strongly urge you to begin the reinstatement process now. To reinstate, you must submit a completed Declaration Form documenting continuing education earned within the previous three years as required by your certification category and pay a reinstatement fee of \$50 plus the current CMP application fee. Details and instruction for completing the CMP can be found at **www.ascp.org/cmp** 

Individuals who allow their certification to lapse for ten or more years will be required to retake and pass the certification examination in order to reinstate their certification. Certifications initially awarded in 2004 in the categories below, expired in 2007 if the holder did not complete the CMP. If their certification is not reinstated before the month of expiration in 2017, they will be required to retake and pass the certification examination to be reinstated.

**Certification Category** Certification Date Expiration Date Exam Required

MT/MLS, MLT, CT,

HT,HTL,PA 2006 2009 2019

Histotechnology Professionals Day

#### HISTOTECHNOLOGY PROFESSIONALS DAY

Every March 10th we honor the unsung heroes, saving lives one slide at a time.





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# **HISTOPALOOZA**



May 3-5, 2019

Hotel Tybee Tybee Island, Georgia

- Basic and advance workshops
- □ Immunohistochemistry
- HT/HTL Board Exam Review/Tissue ID
- □ Cost of Reprocessing/Macros
- Equipment Maintenance
- Leadership Workshop

Registration opens soon!!

Hotel Rates and Contact (912) 786-7777

Rates apply to: May 2-5, 2019

\$149/night King Bed or 2 Queen Beds-Inlandview

\$169/night King Bed or 2 Queen Beds-Partial Oceanview

\$199/night King Bed or 2 Queen beds-Oceanview

Group Rates: (subject to 18% tax & \$5/per night GA hotel/motel tax)

Promo Code: histopalooza2019 (Need to use this code to get special rates)

#### Georgia Society for Histotechnology

HISTOPALOOZA! May 3-5, 2019 Hotel Tybee A19-\_\_\_

1401 Strand Ave, Tybee Island, GA 31328
To make your reservation go to <a href="https://www.hoteltybee.com">https://www.hoteltybee.com</a>
Please fill out a separate form Completely for each attendee.

NAME:			_	
HOME ADDRESS: _			_	
CITY:	STATE: ZIF	: HOME or CELL PHONE:	_	
HOME EMAIL:	_			
EMPLOYER/SCHOO	DL:			
WORK/SCHOOL AD	DRESS:			
CITY:	STATE:	ZIP: WORK PHONE:		
WORK EMAIL:	IAIL: FAX:			
REGISTRATION: Includes Vendor Reception, Awards Luncheon (\$45 nonrefundable) and CEUs. Registration fee (All inclusive) \$145.00 Student Registration fee \$70.00 Extra Luncheon: \$45.00  STUDENTS: Your instructor must sign here to be eligible for student rates. INSTRUCTOR SIGNATURE:				
YOU MUST CIRCLE WORKSHOPS DESIRED: This assures you get a handout.				
Friday All day	Room A: Workshop #1	Friday PM: Room B: Workshop #2		
Saturday AM	Room A: Workshop #3	Room B: Workshop #4 Workshop #5		
Saturday PM:	Room A: Workshop #6	Room B: Workshop #7 Workshop #8		
Sunday AM:	Room A: Workshop #9	Room B: Workshop #10		
PLEASE TOTAL	Registration: Student: Extra Luncheon: Total paid:	\$ \$ \$ By: Check PayPal		

Please make Check Payable to GSH and mail it along with this completed form to:

Norba Targa, GSH Treasurer 767 Glen Valley Way Dacula, GA 30019

Or you may pay by Credit Card by going to <a href="www.paypal.com">www.paypal.com</a> and send funds to the email <a href="gshtreasurer@gmail.com">gshtreasurer@gmail.com</a>. When paying by this method, you must mail the completed form to the above address or email to <a href="gshtreasurer@gmail.com">gshtreasurer@gmail.com</a> in order to be correctly registered. You will receive a receipt via email as soon as both reach the Treasurer.



# Georgia Society for Histotechnology HISTOPALOOZA! May 3-5, 2019 PROGRAM Hotel Tybee, Tybee Island, Ga

Friday

ROOM A 8:30 am -5:00 pm

#1: A Guide to passing the HT/HTL Certification Carl Sagasser, MBA, BS, HT (ASCP) 6 hours ROOM B 3:30 pm -4:30 pm

#2: The Cost of Reprocessing Skip Brown, HT (ASCP) – 1 hour

BREAK: 10:00-10:30 / LUNCH: 12:00 - 1:30 / Break: 3:00 - 3:30

VENDOR RECEPTION: 7-10 p.m. in Vendor Exhibit Hall

Saturday

ROOM A 8:30 am-12:00 am

#3 Leadership:The Pinnacle of Management & Supervision – Skip Brown, HT(ASCP)– 3 hours ROOM B 8:30 am- 9:30 am

#4: The benefits of automation or why to move away from dip and dunk systems Dan Hopkins, Roche – 1 hour

BREAK: 10:00-10:30 in Vendor Exhibit Hall

ROOM B 10:30 am- 11:30 am #5 Equipment Maintenance Matt Lanford, TechOne- 1 hour

**AWARDS LUNCHEON - 12:00-1:30** 

ROOM A 1:30 pm- 5:00 pm #6 Introduction to IHC

Kimya Jones HT, QIHC (ASCP)- 3 hours

ROOM B 1:30 pm - 3:00 pm

#7 How to Prepare Macro and Not So Macro Sections Shirley Powell, HTL, HT(ASCP)- 1.5 hours

BREAK: 3:00-3:30 in Vendor – in the Exhibit Hall

ROOM B 3:30 pm- 5:00 pm

#8 Taking Control of Your IHC Controls Steve Westra, StatLab- 1.5 hours

General GSH Membership Meeting at 5:00 - ROOM B

Sunday

Room A 8:30 am- 12:00 pm

#9: Human Tissues: Histological Identification of the Major Tissue Types — Ely Klar, MS, HTL (ASCP) – 3 hours ROOM B 8:30 am- 9:30 am

#10 Digital Pathology: What it is, how and where it is used, and why you should care Aigars Brandts, PhD, Roche- 1 hour

BREAK: 10:00-10:30 in Vendor Exhibit Hall NOTE: Vendor exhibits close at noon

# Letter from the Region III Director Susan Clark

2019 Spring - Region III Update

Hi everyone,

I hope everyone has had a great start to 2019! March is here and the countdown is on for spring!

NSH reasons to be a member:

- The NSH has launched a QIHC Prep course. This course gives you an overview of the principles & practices of IHC.
- We also have the HT/HTL Prep course to prepare you for the ASCP examination.
- For our friends in Florida the NSH has a Florida Licensure package.
- May 9-10th, 2019 IHC Form in St. Louis, MO
- MOHS Training, June 6-7th, Springfield, NJ
- Digital Pathology Certificate online education 22 CEU's, self-paced
- NSH Symposium/Convention over 100 workshops, exhibit hall, social events Sept. 20-25th, 2019 New Orleans, LA
- Learn.NSH.org webinars \$25 each for members
- · Earn 6 credits yearly from quizzes in JOH and NSH in Action
- Much more visit www.NSH.org

#### State meetings:

NCSH - April 4-6th <u>2019 at</u> the Doubletree Hilton in Durham, NC.
GSH <u>Histonalooza</u> - May 2-5<sup>th</sup>, 2019 at Hotel Tybee on Tybee Island, GA
FSH - May 16-19<sup>th</sup>, 2019 at the Renaissance Orlando at Sea World Orlando, Florida.

Tell your colleagues to become a member with the state and national societies. This is a great opportunity for you to get continuing education hours, networking and have a lot of fun.

Please get involved with your society! Remember we need to have strength in numbers as a profession!

Please feel free to contact me by email, <u>suedotmr@gmail.com</u> with any comments or suggestions. I look forward to seeing you at the meeting this year.

Best Regards,

Sue Clark Region III Director



Empowering the Profession of Histotechnology.

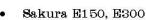


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- Sakura G2
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- Sakura VIP5, VIP6
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#### 2019 GSH Awards & Scholarship Nomination Form

#### Nomination deadline March 29, 2019 Nominator and Nominee must be GSH Members

NOTE: Nomination must be supported by submission of a recommendation letter from the nominee's supervisor and/or pathologist. Multiple letters may be submitted.

#### HT/HTL of the Year

·Must live and work in the state of Georgia The recipient is given \$250.

#### Student Award

·Enrolled in an approved school of <u>Histotechnology</u> and graduating the current year.

The recipient is given \$250 monetary reimbursement which is to be used exclusively to attend a GSH or NSH meeting and will expire 2 years after the award presentation. The student will be refunded up to \$250 on providing original receipts for meeting attended.

#### IHC/Molecular

·Must live and work in the state of Georgia.

The recipient is rewarded \$250 which is to be used exclusively to attend IHC or molecular courses/workshops and will expire 2 years after award presentation. The recipient will be refunded up to \$250 upon providing original receipts for course/workshops attended.

Submit by email to: Tiffany Rhodes gshawards@gmail.com Tiffany.Rhodes@piedmont.org

#### Nomination Questionnaire

I
Nominate
For the 2019 GSH
Nominee email
FOR THE STUDENT AWARD: Histology School: Graduation Date:
Nominee's Credentials:
Years in Histology
Paragraph describing your nominee's qualities and work contributions:
Letter(s) of recommendation from supervisor and /or pathologist may be attached or sent separately.
Tiffany Rhodes GSH Awards Chair gshawards@gmail.com Tiffany.Rhodes@piedmont.org



#### Georgia Society for Histotechnology Membership Form

gshmembership2019@gmail.com

#### 2019 Membership Drive

GSH will be holding 4 weekly drawings for a \$25 Visa Gift Card from April 1 - 26, 2019.

To enter, refer a histology technician to become a GSH member.

If they become a member, BOTH of you will be entered in the drawing.

#### Membership Drive Eligibility Requirements

\*You must list the name of the person you are referring on your form

\*\*They must list who referred them on their form.

They cannot be a current member.

Both of your membership forms must be received by March 31, 2019.

*I am referring:						
**I was referred by:						
Title (Ms., Mrs., Mr., Dr.)						
Name						
Address						
City	State	Zip				
Preferred Phone Preferred Email						
Degrees/Certifications (Please list all.)						
Employer Name						
Employer Address						
City	State	Zip				
Students School Name						
City	State	Zip				
Program/Degree Pursuing	Anticipated Graduation	Year				
Committees Interested in serving on a GSH committee? We welcome and need YOU! Yes, I am interested, please contact me at						

Please print and complete this form. Either scan the completed form and return it as an attachment to <a href="mailto:gshmembership2019@gmail.com">gshmembership2019@gmail.com</a> or mail it to Cindy Baranowski, GSH Membership, 1551 Greyfield Trace, Snellville, GA 30078.





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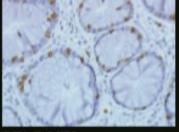
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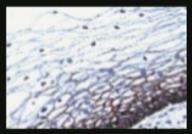




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with the Retriever

A proper epitope recovery may be critical for your conclusions on protein expression. The pictures above show staining for E-cadherin on human small intestine tissue without processing in Retriever (above left) and after the processing in Retriever (above right). One pathology lab from Belgium reported that they had up to 30% of false-negative staining for oestrogen receptor with microwave epitope recovery, and less than 2% after they switched to Retriever.

#### Interview Tips for Getting the Job you Want

By Pam Barker

So you have surfed the internet and scanned the classifieds, e-mailed and faxed your resume and filled out online profiles and applications.

Finally you got the interview!!

Now here are the things you need to know to get the job.

Here are some tips for acing the interview and getting the job you want.

- Be Positive You want to be sure and avoid any negative comments about your former employers. Always express things in a positive manner. Instead of saying that a former place of employment was a bad place to work say I left for a better work environment or opportunity.
- Make a Good First Impression You know what they say... You only get one
  chance to make a first impression. But it is really easy to make a good first
  impression. When you meet the hiring manager smile, look them directly in the
  eyes, shake their hand firmly (not too hard and not too soft) and say I've been
  looking forward to meeting with you.
- 3. Don't Be Nervous Here are some tips to make sure you remain calm cool and collected on interview day: Don't arrive on time, get there a few minutes early, in order to plan for contingencies like bad weather or traffic tie ups. This will also give you time to look over your resume one more time and allow you to mentally prepare for the interview. Also be sure and smile as much as possible, happy people are confident people
- 4. Let The Interviewer Do Most Of The Talking You are excited about the opportunity and pumped up for the interview. Let the interviewer do about 75% of the talking. Don't run on for 5-10 minutes on a simple question. Your answers should be brief and to the point (about 30 seconds or so) most initial questions can be answered within that timeframe. Answer the question you are asked and if you feel that you would like to elaborate on your answer, ask the interviewer whether there is anything else they would like to know on that subject.
- 5. Do Research and Ask Questions. Most of the facilities will have a website that will give you information about the facility itself and the area in which they are located. Your interviewer will be impressed if you already know something about their company. Interviewing for a job is a 2 way street. They are interviewing you and you are interviewing them as well. Asking positive, professional, interested questions will get you the information you need to decide if this job is really the right fit for you and most interviewers appreciate a candidate who expresses interest by asking questions.

- 6. If You Want The Job ASK For It!! It is as important for you to be enthusiastic as it is for you to be positive. If you are interested in the position it is important to let the interviewer know that you want the job. The very last thing you should do as you are leaving the interview is let the interviewer know that you are interested in the position and ask how the interview process is going to proceed. Try something like this: I am very interested in the position and confident that I have the skills to do the job. What is the next step? By asking this question you have let them know that you are excited, enthusiastic and interested in the position. Also you will have a reasonable idea of when to expect to hear from them or when to follow up.
- 7. The Thank You Note It is always a good idea to send a thank you note and in this day and age it is perfectly appropriate to send it via e-mail so be sure and get a business card from everyone you interview with. Send them each an e-mail reiterating your interest in the position and be sure and thank them for their time.

Follow these 7 tips and you will get the job you want.

Pam Barker is a recruiting professional with over 25 years of experience and the President of RELIA Solutions a national permanent placement firm specializing in the Histology profession.





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#### **GSH Contacts**

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Or

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